



Winging It

August 2002

Volume 2, Issue 8

Civil Air Patrol Red Wing Composite Squadron (715) 594-3291

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“A Way of Life for youth in an Aerospace Age”

Copied From CadetStuff.org To Save a Life: Cadet Programs-Style Capt Matt Heusser, CAP

One of the more recent recurring ideas among Cadet Programs Leaders today is that Cadet Programs is just one of many activities for youth to become involved in. Years ago, When I Was a Cadet (WIWAC), the CAP Recruiting pamphlets used to refer to the Cadet Program as “A way of life for youth in an Aerospace Age.” That’s right. A Way of Life.

CAP wasn’t “something to do”, it was The Thing to do. In the Middle 1990’s, Colonel Issacson’s Cadet Programs Directorate tried to re-iterate this idea, calling CAP an Alternative, Drug-Free Lifestyle for youth. [My Paraphrase]

While some people would just do Cadet Programs as a part-time thing, the idea was that some others would truly live the lifestyle, with something to do for CAP just about every weekend. This would not only keep cadets off drugs, it would keep them on to learning, to aerospace, and to careers. The running joke with some CP and ES folks was “You save lives your way, I’ll save them mine.”

And, ten years later, for some reason ... I still think that’s the way that it’s supposed to be.

Air Force Evaluated SAR results

To: All Personnel Minnesota Wing
From: Minnesota Wing/DOS

I would like to thank everyone involved last weekend in our two exercises, the SAR/DR Eval and the SAREX. A lot of people put in a lot of hard work.

Minnesota Wing was given a 'satisfactory' grade for our performance at the eval. A grade of 'satisfactory' means that we performed well -- we met all of the performance standards and we demonstrated our proficiency in being able to carry out the search and rescue and disaster relief missions that we are responsible for. The evaluators were quite complementary to us, and on several occasions during the staff debriefing, they described our performance as strong.

Those of us that have been in CAP many years may remember that, in the past, it was fairly common to be given higher ratings such as 'excellent'. It is important for us all to know that, as of a couple years ago, the grading scale changed. 'Excellent' ratings are now given out very rarely. The grade of 'satisfactory' is considered the standard. Higher grades require exceptional performance in some way above and beyond what is expected and required. Since the base expectations are quite high, the higher marks are rare.

The work we do to meet the standards isn't easy, and requires a great amount of dedication, training, and practice. We can all take pride in our performance.

-- Stan Kegel, Lt Col



Phoenic Alphabet

Letter Word Pronunciation

A=	Alpha	AI-FAH
B=	Bravo	BRAH-VOH
C=	Charlie	CHAR-LEE
D=	Delta	DELL-TAH
E=	Echo	ECK-OH
F=	Foxtrot	FOX-TROT
G=	Golf	GOLF
H=	Hotel	HOH-TELL
I=	India	IN-DEE-AH
J=	Juliet	JEW-LEE-ETT
K=	Kilo	KEY-LOH
L=	Lima	LEE-MAH

M=	Mike	MIKE
N=	November	NO-VEM-BER
O=	Oscar	OSS-CAH
P=	Papa	PAH-PAH
Q=	Quebec	KEH-BECK
R=	Romeo	ROW-ME-OH
S=	Sierra	SEE-AIR-RAH
T=	Tango	TANG-GO
U=	Uniform	YOU-NEE-FORM
V=	Victor	VIK-TAH
W=	Whiskey	WISS-KEY
X=	Xray	ECKS-RAY
Y=	Yankee	YANG-KEY
Z=	Zulu	ZOO-LOO

Prowords-Radio Lingo-These are the words to use(and their meanings) when working on the CAP radios.

Affirmative you are correct, or what you have transmitted is correct, yes.

All After The portion of the message to which I have reference is that portion which follows_____.

All Before The portion of the message to which I have reference is that portion which precedes_____.

Break I hereby indicate the separation of the text from all other portions of this message.

Correct You are correct. This is correct

Correction An error has been made in this transmission. Transmission will continue with the last word correctly transmitted.

Disregard this transmission, out: This transmission is in error. Disregard

Do not Transmit, Out Stations called will not answer this call, receipt for this message, or otherwise transmit regarding this transmission

Exempt The addressees immediately following are exempted from the collective call. The addressees following are exempt from receiving this message.

Figures A group of one or more characters, the first of which is a numeral, follows.

Flash this message has a precedence of FLASH

From The originator of the message immediately follows

Immediate This message has a precedence of immediate.

Info The addressees immediately following are addressed for information only. No action is required of them.

Initial(s): A group of one or more letters, the first of which is a letter, follows

I read back The following is in response to your request to read back

I say again I am repeating the transmission, or the portion you need repeated

I spell I will spell phonetically.

I verify That which follows has been verified per your request(to be used only as a reply to a VERIFY request).

Mayday International Distress Signal. Indicates traffic concerning imminent and grave danger to life and property.

Message follows A message that requires recording follows

More to follow I have more messages, traffic or information for you.

Negative Not received, NO

Nothing Heard To be used when no reply is received from a call

Number This station message number, in numerals, follows

Civil Air Patrol & School Activities

The school year is often a busy time for Civil Air Patrol Cadets. With Middle School & High School Sports, other school activities, homework, religious classes, & scouting, cadets often get overwhelmed with their commitments.

I would like to let you know that these types of activities are understood. I wish that each cadet could attend every CAP meeting, I realize that this is not always possible.

I am asking for your help. I do require that each cadet notify me if they are going to miss a meeting. I also expect a copy of their sports schedule if they are going to miss several meetings in a row.

ANY absence due to something relating to school is excused. Absences that are not excused are absences that I am

not notified of. If a cadet has 2 unexcused absences in a 3 month period, they will be suspended from all activities & promotions for a 3 month period.

I do not want to suspend any cadet for activities or promotions, but I will if the need arises. That is why I am asking for the help & support of the parents.

I would not want involvement in CAP to affect the grades of any cadet either. If you feel that your son or daughter is not performing to their potential in school, please let me know of your concerns. I am willing to work with you to help your child attain satisfactory grades.

It is possible that another cadet would be willing to help your cadet with some homework that they are having trouble

understanding.

I am also looking for a parent to help with some of the activities. I have not always been able to get out informational flyers on the different activities that we participate in. I am looking for a parent to help me out with this. If you are interested, please let me know.

And please do not forget the Parents' Meeting that is scheduled for September 12th at 7pm. We will discuss the following:

- **The upcoming Open House & how parents might be able to help out.**
- **Future activities**
- **Future squadron fundraisers**
- **NCOS**
- **Your own cadets progress in the program.**

This Month in Our Squadrons History

August

Last year - 1st Lt Pat Schultz promoted to Captain; C/2d Lt Sarah Westphall received Gen Billy Mitchell Award

5 yrs ago - Capt Vicki Eckhoff along with cadets Troy Dugstad and Ryan Hinz attend WAWG Encampment

10 yrs ago - (not enough history recorded)

15 yrs ago - (not enough history recorded)

September

Last year - Squadron members discuss Sept 11th Attacks; C/Amn Adam Redlin named Cadet of Third Quarter.

5 yrs ago - The squadron leaves its meeting location at the training school to its permanent home at the airport.

10 yrs ago - Red Wing named "Top Ground Search and Rescue Team" in Minnesota Wing SAR Competition.

15 yrs ago - Marilyn (Lucas) West promoted to C/SSgt.



Helpful Information available on the Internet

CAPboard.com

An electronic community of CAP members - both Cadets & Seniors!

Cadetstuff.org

Loads of Cadet friendly information & stories.

mnwg.cap.gov/redwing

Our very own squadron web site.

capnhq.gov

Civil Air Patrol National Headquarters web site.

mnwg.cap.gov

Minnesota Wings web site.

thehock.com

Buy CAP stuff online.

mdln.hws.edu/cap/modules/

Tons of practice quizzes available on the internet.

capsupply.com

More CAP supplies online.

pcr.cap.gov/PACR_AE/aehome.htm

A lot of interesting Aerospace information. From teaching a class to individual activities.

cap-es.net

A Civil Air Patrol Emergency Services web site.

usafa.af.mil/core-value

A site that contains the United States Air Force Core Values.

I am sure that there are more. If you find a site, let us all know about it.

ATTENDANCE POLICY

I do require that each cadet notify me if they are going to miss a meeting. I also expect a copy of their sports schedule if they are going to miss several meetings in a row.

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I do not want to suspend any cadet for activities or promotions, but I will if the need arises.

So... Remember to call me. Leave a message if I am not home, I will eventually get the message. And just a reminder:

My home phone number is 1-651-345-5309

WIWAC: Written by Major Andrew "Ace" Browning

When I was a cadet... we wore olive drab colored fatigues. The shirt, which only had two front pockets, was worn tucked into the pants just like with the dress blue uniform. The pants were straight-legged, and had to be bloused on the outside of the all leather boots with elastic cords.

Both the shirt and the pants were male-female specific, not unisex like the Battle Dress Uniform. The breast pockets on the female shirt were smaller than on the male shirt, and the shirt buttoned right-over-left. The female pants also had a backward zipper-fly to match. Up until just before the uniform was phased out, the belt had to be threaded through the belt loops in the same direction as the males, thus opposite the gig-line. This "belting controversy" was finally confronted by the Minnesota Wing Cadet Advisory Council, brought through the North Central Region CAC, and changed by the National Uniform Committee just before the short-lived jungle fatigues and woodland camouflaged BDUs became authorized.

The cap worn was an olive drab baseball style hat. Because the fatigue pants did not have cargo pockets like the BDUs, the cap was work tucked into the back of the pants, bill-downward between the waste band and the shirt. Occasionally, and this mostly happened to female members, the tucked cover was forgotten about when making a trip to the latrine. Upon backing up to the commode and dropping pants - PLOP - into the latrine went the hat! This event was known amongst everyone as SCUBA'ing, and you could usually identify these elite members by the unique watermark on their covers!

If you have a BWIWAC story, please submit it to the Winging-It! staff for the next issue.



Upcoming Meetings and Activities

Please remember that the Meeting Agendas may (and will) occasionally change.

Also remember to always dress for the weather, as we may be outside.

5 September 2002	<i>Regular Meeting</i> Uniform: BDUs Drill (Airman) Plan Open House (ALP)
12 September 2002	<i>Regular Meeting</i> Uniform: BDUs Parents Meeting 7pm - ? Emergency Services (1Lt Matt Wiskow) Emergency Services (Major Vicki Eckhoff)
19 September 2002	<i>Regular Meeting</i> Uniform: Blues Moral Leadership (Chaplain Don Mikitta) Aerospace (1Lt Lucas)
26 September 2002	5:30pm – 9:00pm Uniform: Blues/BDUs Open House

Upcoming Activities

September 19

- Diversity Festival Recruiting Activity

September 20-22

- Camping/ES Training Weekend-Nerstrand

October 4-6

- Ground Team SAR see Major Browning for more information

October 11-13

- Wing Commanders Course-Breezy Point

October 16-20

- NCO School and BCOC at Camp Ripley-see 1LT Lucas for more information

October 25-27

- ES. Bluecap information to be announced. See Major Eckhoff for more information.

Renewals, Birthdays, New Members

Renewals:

September:

Dennis Ostlund
Karen Barrie
Todd Mandel
Isaac Cudd

Leon Klenke
Mari Lucas
Matt Brown

October:

Daniel Schaller
Emily Hellmuth
Duncan Engh
Curtis Chaska

Luke Wegner
Paul Austin
Andrew Dose
Peggy McRoberts

Welcome New Members:

Cadets

Cadet Brian Wilson
Cadet Alex Knapp

Seniors

None

Birthdays:

September:

Vicki Eckhoff 10th
Stacy Wegner 16th
Brian Bristol 30th

October:

Brandon Avery 27th
Kirk Polivka 23rd
Tom Hofmeister 28th
Andrew Dose 8th
Alex Knapp 30th

Membersip:

Cadets-28
Seniors-35



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*So that others may
live...*

We're on the Web!

Visit us at:

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651-388-9266

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Seniors
Vicki Eckhoff, Major
v.eckhoff@mcfcannon.com
651-388-0398

Deputy Commander for
Cadets
Mari Lucas, 1LT
lucasp@earthlink.net
651-345-5309

Operations Officer
Jeff Bartelt, Capt

PROMOTIONS

Cadet Airman Basic Valerie King to Cadet Airman

Newly Assigned Cadet Support Staff Positions

I have assigned each active cadet in the squadron a support staff position. Please see me, 1Lt Lucas, as soon as possible to find out what your duties will be. These are 3 month positions. You will be reviewed when your time is up & given another position. Each position may require some time put in away from the squadron, this should not interfere with your schoolwork. The duties that come along with these staff positions are necessary for future promotions. Listed first is the Primary, listed 2nd is the alternate.

Cadet Leadership Officer
Cadet Aerospace Education Officer
Cadet Emergency Services Officer
Cadet Logistics Officer
Cadet Administrative Officer
Cadet Public Affairs Officer
Cadet Operations Officer
Cadet Communications Officer
Cadet Activities Officer
Cadet Recruiting Officer
Cadet Safety Officer

Cadet Carlstrom
Cadet Avery
Cadet Hofmeister
Cadet Dose
Cadet Roesler
Cadet Fearon
Cadet Brown
Cadet Clerico
Cadet Plumley
Cadet L. Hansen
Cadet Polivka

Cadet T. Hansen
Cadet King
Cadet Austin
Cadet Wilson
Cadet Cudd
Cadet Knapp
Cadet Homan
Cadet Severson
Cadet Perry
Cadet Lucas
Cadet Plote

Cadet Advisors for All Positions

Cadet Hellmuth

Cadet Westphall

The First Cadet...



I would like to give all of my cadets some incentive to learn & grow with our program. I also want to make sure that EVERY CADET is reading this newsletter. Even though some of the newsletter does not seem to pertain to the cadets, the information is all important to the entire squadron. So....

The first cadet that properly reports to 1Lt Mari Lucas & correctly describes the information on page 4 of this newsletter & recites the Cadet Oath will receive a prize!!